

SAFETY STAR

STAR ADULT

STAR ADULT

STAR ADULT

CHILD'S NAME

STAR ADULT

STAR ADULT

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I am a



Adult

Safe
Trustworthy
Always there
Reliable



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Instructions:

Cut out all the pieces along the dotted lines. Fill out your safety star chart with your caregiver as per the instructions on the back. After deciding who your safety star adults are, give them their own special card to inform them that they are now officially your very own safe adult. Be safe and remember to always talk about your feelings.

Instructions:

Work with your child to fill out his/her **Safety Star Chart**. Help your child brainstorm names of people that he/she considers a **Trusted Adult**. Your child should write the name/draw a picture of the 5 adults he/she feels safe to go **TELL**. As you complete this homework with your child, make sure the names that are written down are also people that you feel comfortable having your child confide in.

After filling out the chart, place in a prominent place that's easily accessible to the child; such as next to his/her bed, in the playroom, or hanging on the refrigerator. Putting the Safety Star Chart in a place for everyone to see will reinforce the Trusted Adult concept with your child and help others see that your child has a system set up to stay safe.

Please note that it is important that at least one person in the Safety Star Chart is outside the family and everyone should be old enough to drive a car. Inform the adults whom your child chooses that they are someone your child considers special and trustworthy. Explain that their responsibilities may include the child sharing positive aspects of his/her life, as well as things that the child finds upsetting. Ensure that this person is aware of the Safety Rules and how to handle a disclosure, if chas v'shalom it occurs.

Explain to your child that he/she can change the people listed on the Safety Star Chart if your child no longer feels he/she is comfortable with telling them. Remember to help your child update his/her Safety Star Chart at least once a year to make sure the adults listed are still active in the child's life and are in a position to help.

I pledge to be there for this child when he or she needs to talk to me about his or her feelings both positive and negative, and to do everything I can to help in any situation.

Name of Child _____

Signature of Star Adult _____

For more information on how to be a Star Adult visit our website @ www.magenu.org and click on the Star Adult link. Magenu - Tel: 718-408-7233 - Email: info@magenu.org

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Magenu

Child Safety Initiative
Every child matters!

www.magenu.org
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