





See Scenario listed in Teachers Workbook.





Your bus driver is always really nice to you and one day he offers you a lollipop. He tells you that he wants to give it to you because you are such a good girl and are always so well behaved. He also tells you not to tell anyone because he will get into trouble. What do you do?

Discussion:

The safety rule is: **You can't take a gift or treat without asking your Grown-Up In Charge**, so you have to say, "no thank you." Discuss not wanting to hurt the bus drivers feelings, or really wanting the candy because it's yummy. Remind the children that even if they took the candy, the most important thing is to tell a trusted adult that you took it. They may not want to get the "nice" bus driver in trouble, so discuss the concept that a safe grown up wouldn't ask a child to keep a secret from their parents. Safety comes first.



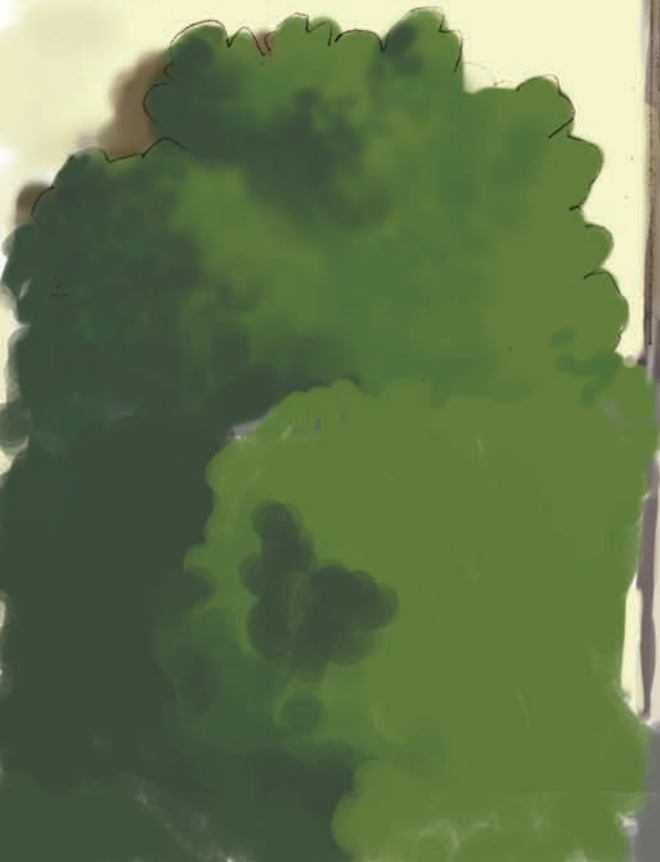


The candy man in shul is giving out candy to all the children. You really want some. What do you do?

Ask the Grown-Up In Charge if it's okay to get candy from the candy man.

Discussion:

Discuss with the children not changing locations before asking a Grown-Up In Charge. If the candy man says he ran out of candy and there is some more in the basement, private room etc. they cannot go without getting the OK from their Grown-Up In Charge.





A man comes to the door and says he is collecting charity. You look through the window and think he looks nice, he looks Jewish, and it's a mitzvah (good deed) to give charity. What do you do?

The safety rule is you have to ask the Grown Up In Charge before opening the door no matter who or what the person looks like.

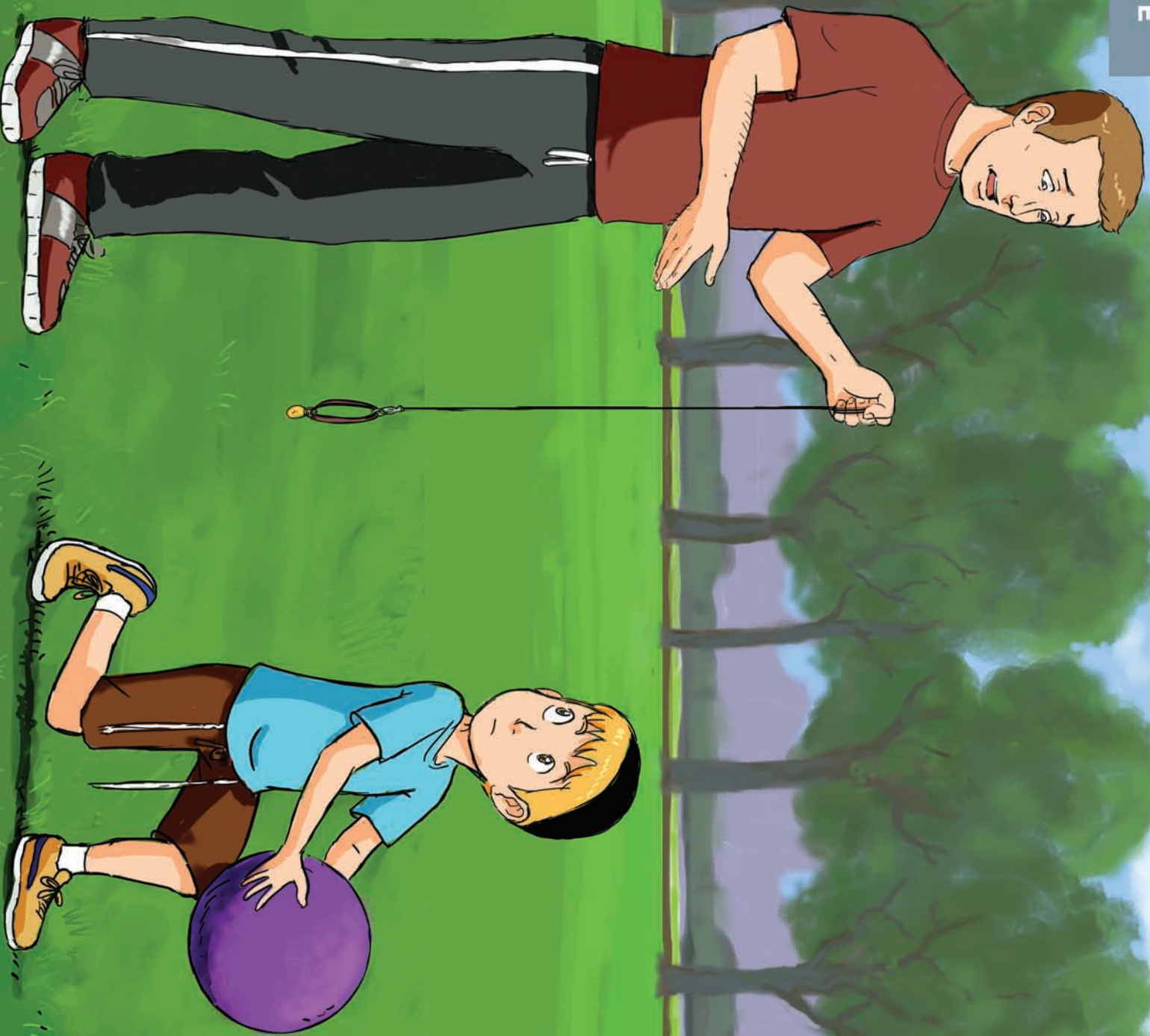




You are really bored and sitting on your steps where your mother said it was ok to stay. Your neighbor from down the block passes by and asks if you want to come play with her son. You really want to go and you've been by her house so many times you think, "I'll just go and my mother will figure out where I am". What do you do?

Discussion:

You have to get the OK from the Grown-Up In Charge before you change locations. Discuss with the children what would happen if your mother would come outside and you would not be there, how would she feel?





You are playing at the park with your friends and your Grown-Up In Charge. Someone kicks the ball too far. You see a nice looking man who says he lost his cute little dog and asks if you will help him search for it. He looks very upset.

Remind students that adults who they do not know well should never ask them for help. They should always ask their Grown-Up In Charge before going anywhere with anyone, even someone they know very well.





You are at a friend's birthday party and another friend says to you, "lets go exploring and have a secret adventure."

You love adventures and you want to find treasures, but you also know you are supposed to stay with the Grown-Up In Charge.

What do you do? You need to ask the Grown-Up In Charge first.

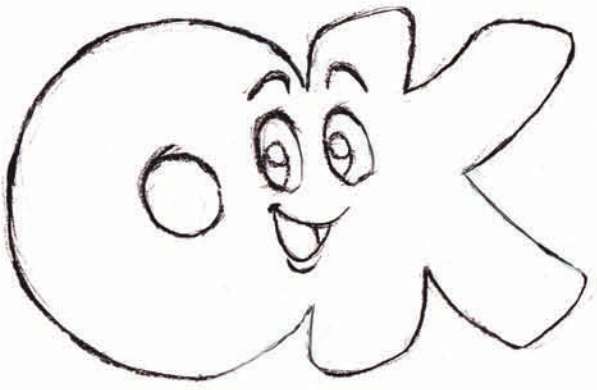




You are at a gymnastics lesson. A neighbor who you recognize from Shul (Synagogue) says she needs to take you home because there is an emergency and your mother needs her to drive you.

You think to yourself that you should probably go since you don't want to get into trouble.

What do you do? Ask the Grown-Up In Charge (gymnastics teacher) to call your mother to make sure it's OK.



IS IT OK?



To open the door?



To take a treat?



To go somewhere?

**Ask your Grown Up
In Charge to Stay Safe.**



Never go to a public bathroom without your Grown-Up In Charge with you.



Grown-Up In Charge Match Game

 <p>MOMMY</p>	 <p>ZAIDY</p>	 <p>BIG SISTER</p>
 <p>BABY BROTHER</p>	 <p>DADDY</p>	 <p>BUBBY</p>
 <p>BUBBY</p>	 <p>BIG SISTER</p>	 <p>ZAIDY</p>
 <p>DADDY</p>	 <p>TEACHER</p>	 <p>FRIEND</p>
 <p>MOMMY</p>	 <p>DOG</p>	 <p>TEACHER</p>

Grown-Up In Charge Match Game

Game objective: A Grown-Up In Charge is the person who is in charge of the child at specific times; a babysitter at home, a friend's mother during a playdate, fathering taking child to shul. If a child learns early on to ask their Grown-Up In Charge before they do the following things listed below they will be automatically safer and avoid potential predatory situations:

1. Open the door
2. Answer the phone
3. Take a candy, treat or gift from anyone
4. Leave the location that they were left in (such as room in shul for kids to play in)
5. Speak to another adult when they are alone without their Grown-Up In Charge with them.
6. Change a plan



Instructions: Cut out all the pictures on the dotted lines. Mix them up and turn them face down. Read a scenario from below or feel free to make up your own and then have the child choose a card. Ask them if that is a proper person that fits the scenario, a proper Grown-Up In Charge, that they would be able to ask okay from. Have them turn over other cards to see if there are any other possible options. Use this as a discussion time for what you would want them to do in each scenario and what the difference would be between a buddy who could be a friend they may ask to accompany them to the bathroom or a Grown-Up In Charge who they would have to consult with before leaving shul with their friend.

Scenarios:

1. You are at a family party for Purim and your older teenage cousin asks you to come with him to deliver shaloch manos to his friend down the block. He is super fun and you love hanging out with him. What do you have to do before you leave? Who should you ask?
2. Your counselor at camp gives you a beautiful wrapped present and tells you it is just for you. She says that you are her favorite camper and you are so well behaved that she wanted to give you something special because you deserve it. You love presents and take it from her because you forgot the rule of making sure it's ok with your Grown-Up In Charge before taking a gift. What should you do now? Who should you tell when you get home?
3. You are at home and your babysitter is putting the baby to bed upstairs. You are playing legos in the living room and the door bell rings. You look through the window and see its daddy's friend from shul. He's holding a bag and says to you through the window " Your father asked me to drop off something important for him. Please open the door so I can give it you." You feel nervous and don't want your daddy to get mad. What should you do?
4. You are home and your sister is watching you. She is in the basement doing laundry and the phone rings. You pick it up because you forgot the rule that you are not supposed to answer without asking if its Okay With Your Grown-Up In Charge. You say "Hello" and the man on the other end of the line says, "Hi, is your mom home?" You don't know what to say and stay quiet. The man continues and says " its ok, I'm just need to tell you mother something important. It will only take a minute for me to speak to her. Can you get her for me quickly." You are confused. What do you do? (Att. Parents: here you can tell your child to just hang up the phone. He/she shouldn't worry about acting rude because safety comes first. Later, your child should know to tell the Star Adults in his/her life.)
5. You are playing outside and Mike the UPS man comes to your gate. He waves and says "hi!" You say wave back. He then starts asking you what you are playing and other questions such as what grade you are in? You think Mike is really nice and your mother always talks to him when he comes over with a package, she says "thank you" and offers him a drink. What do you do? (Att. Parents: Adults should interact and socialize with other adults and children should interact and socialize with other children. Reiterate this rule and make sure your child knows that when you speak to Mike you are being polite but Mike is still a stranger and its only Okay for your child to talk to Mike when the Grown-Up In Charge is with him/her.)

TRICKS VERSUS TIPS

Teach your child that tricky people will ask a child to break the safety rules.

The rules are there for a reason and if someone is asking a child to break the safety rules that is an immediate sign that the person is tricky and usually up to no good. Your child should immediately get away and find help.



CHILD NEEDS HELP

Child is lost and a "kind" person offers to take the child to parent/home or to another location to get help, e.g. police station.

1

FIND A SAFE STRANGER

Teach child to always look for a mother with children, cashier, or employee in uniform and ask for help. Child should never change locations and should always stay in a public place.

"KNOCK, KNOCK, WHO'S THERE?"

Someone comes to the door to "drop something off for your parents," to check the telephone lines, electricity, etc.

2

NEVER OPEN THE DOOR

Child should know that unless he/she asks a grown-up for permission, child should not even approach the door to ask "who's there?" If child is home alone this rule is even more crucial to follow.

TREAT OR GIFT

Child is offered a yummy treat, such as candy, ice cream or a gift.

3

OK WITH MY GROWN-UP BUDDY

Child should okay with a parent/caregiver before taking anything. This rule applies even to family and friends. Practice with child to say "thank you, but I have to ask if it's okay first."

A CAR RIDE OFFER

Child is offered a ride (for example when school bus broke down, while walking home from school/activity, while waiting outside an after-school program)

4

OK WITH MY GROWN-UP BUDDY

Child should okay with parent/caregiver before getting into any car. Child should call and speak to parent/caregiver directly. Child should not get into the car and then call.

CUTE OR "MISSING" ANIMAL

Someone "beckons" child to follow him/her and change locations with "Do you want to see my kitten? She is so small and soft," or "Can you help me? I lost my dog and he only answers to a little kid's voice."

5

ADULTS TALK TO ADULTS

Teach child that children should socialize with other children and adults socialize with other adults. Child must okay with parent/caregiver before changing locations or following anyone.

"YOUR MOM IS HURT"

An adult (possibly someone child knows) tells child that there is an emergency, "Your mother is hurt and she sent me to get you."

6

OK WITH MY GROWN-UP BUDDY

Child should okay with parent/caregiver before going anywhere with anyone. Child should call and ask to speak to parent/caregiver directly.

A FAVOR, A "MITZVAH"

Child is asked, "Can you do me a favor? It's a mitzvah to help me carry my bags into my house/car," or "Can you help point me in the right direction. It will only take a minute."

7

IT'S A MITZVAH TO STAY SAFE

Child should be taught that the most important mitzvah is keeping safe. Child should never go into someone's house or close to a car. Practice with child saying, "I would love to help, let me just ask my parent if it's okay." Child should also be taught that adults should ask other adults for directions.

"YOU WILL BE FAMOUS!"

An adult tries to take child's picture and says it's for a magazine/advertisement and will make child famous.

8

WHO NEEDS TO BE FAMOUS?

Explain to child that an adult would need to ask a parent/caregiver for signed consent before taking a picture of a child. Teach child to find a safe stranger (e.g. mom with children, cashier or employee, police officer) if the person does not listen or comes too close.

HELP THAT ISN'T NEEDED

Child is playing in front yard, when ball goes over the fence. Person pulls up in car, gets out and retrieves ball, and asks child to come get it while smiling and chatting in a friendly manner.

9

HELP ON MY TERMS

Teach child to never leave the area where child is allowed to play or go near someone's car. The person can just as easily throw the ball to the child. Practice with child saying, "I'm sorry I can't go out of my yard. Please throw the ball to me." If the person insists that child break the safety rule child should immediately go inside and notify parent/caregiver.

"I NEED HELP!"

Someone comes to the door knocking and calling out frantically, "I had an accident and need to use your phone."

10

RED ALERT, TRICKY PERSON!

Child should never open the door for someone wanting to come into house, even if person sounds hurt or desperate. Child should notify parent/caregiver or call 911, stating what's happening.

RULES KEEP US SAFE! WHEN WE USE THEM, WE ARE ALL STARS!



PARENT CONNECTION

Grooming is a subtle, gradual, and escalating process of building trust with a child and his/her family. It is deliberate and purposeful. Abusers may groom children for weeks, months, or even years before any abuse takes place. It usually begins with subtle tactics, such as:

1. Testing a child's boundaries through inappropriate jokes or tickling.
2. Using play to move from appropriate touching to "accidental" inappropriate touching (This is done to desensitize a child to touch.)
3. Manipulating the child to not tell anyone, either through fear, guilt, embarrassment, bribery, or threat.
4. Confusing the child into feeling responsible for the abuse.

Always asking for permission prevents a child from falling victim to the grooming process. Your child should know to say, "Thank you, but I need to ask my grown-up buddy if it's okay." But, even if the child forgets to say these words, he/she should know to come TELL you, knowing that he/she won't get into trouble. Stressing this to your child will ensure that your child feels comfortable telling you anything.

Today we continued by discussing the rule of OK WITH MY GROWN-UP BUDDY. This safety rule helps keep your child safe in all situations, whether at home, school, shul, camp, or anywhere else your child may go. We must always make sure that we ask our Grown-Up Buddy's permission:

- Before opening the door
- Before answering the phone
- Before taking a gift, treat, or candy
- Before getting into a car or going anywhere with anyone
- Before speaking to an adult, when the child is alone



We identified a Grown-Up Buddy as an adult/older sibling who is responsible for the child's protection while child is under that Grown-Up's care.

We discussed various situations to reinforce that getting the OK WITH MY GROWN-UP BUDDY will keep us safe. Following this rule allows us to stick to our PLAN (Permission, Location, Activity, Name & Number), by informing our Grown-Up Buddy of our whereabouts/activities. This not only keeps us safe, but also shows that we are mature and responsible. Anytime there is a change in our PLAN we must make sure it's OK WITH MY GROWN-UP BUDDY.

We touched upon the concept of a Stranger being any person that the child does not know well, meaning the child doesn't know even basic information about this individual such as person's first and last name, where he/she lives, names of his/her children, etc. Strangers don't necessarily look dangerous and it's important to stress to your child that even people your child thinks he/she knows are considered strangers if you, the parent, is not with your child.

Just like two apples can look the same on the outside, but after the apples are cut open we may find one is good and the other is rotten, it is hard to tell if a person is dangerous based on his/her physical appearance. Children must always stick to the rules to ensure their safety.

Make sure this rule is followed across the board. Telling a child he/she can open the door/take gifts from certain individuals, such as grandma or a close friend, without getting an OK first causes confusion, as the child may decide others are okay as well.

RULES KEEP US SAFE! WHEN WE USE THEM, WE ARE ALL STARS! 

PARENT CONNECTION

Reiterate these rules for anyone in the child's life. This includes people you and the child know well such as a family member or neighbor. Children will have difficulty differentiating when a rule should apply if it is not consistent.

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We continued our discussion of various situation to reinforce that getting the OK WITH MY GROWN-UP BUDDY will keep us safe. We discussed how important it is to inform our Grown-Up Buddy of our whereabouts/ activities. This not only keeps us safe, but also shows that we are mature and responsible. Anytime there is a change in our PLAN we must make sure it's OK WITH MY GROWN-UP BUDDY.



***See our list of tricks vs tips on common lures for kids and how to avoid them.**