





What do you see is happening in this picture?
How can a buddy help keep you safe?

There is safety in numbers, two is better than one.



CAUTION
CONSTRUCTION SITE
DO NOT ENTER

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 What is happening in this picture?
How can a buddy keep you safe?

Two is better than one.

A buddy can help you make safer choices. If you forget what to do, if you forget the rules your buddy may be able to remind you and then you will both be safe.





The neighborhood UPS man comes to deliver a package to your house. Your mother always talks to him, offers him a drink, and is friendly, so he must be ok to let in even when no one is home.

Stop: Take a deep breath.

Think: How am I feeling? I'm feeling fine, UPS guy is familiar and nice. What's the safety rule? Get the OK from the Grown-Up In Charge.

ACT: Go to a safe place, go to a safe adult: Go ask the Grown-Up In Charge if you can open the door.





**These two apples look exactly
the same. Are they?**





They are not the same! We would never know which apple was rotten by looking at the outside. Most people are good to the “core” but every once in a while you’ll find someone who does not have the best intentions. We need to have safety rules that apply to everyone so we don’t make a mistake based on outer appearances.





Aliza is a 2nd grader whose favorite part of going to school is riding the school bus. She loves sitting in her favorite seat in the back and watching all the cars drive by. Aliza feels like such a big girl when she is riding the bus. Aliza also really likes her bus driver. His name is Ralph and he's super nice. He always smiles and says a loud "Good Morning" whenever she gets on.

Since Aliza likes to sit in the back, she's usually the last one to get off. Today as she was getting off the bus, Ralph said, "Hey wait a minute I got something for you, you always listen so nicely to my instruction and never make any trouble. Good girls like you deserve a special treat" He pulled out a lollipop from his pocket and handed it to her. "Let's keep this our secret since I don't want anyone else to feel sad," Ralph said.

What do you think? Is this safe or unsafe? What's the Safety Rule she needs to follow?

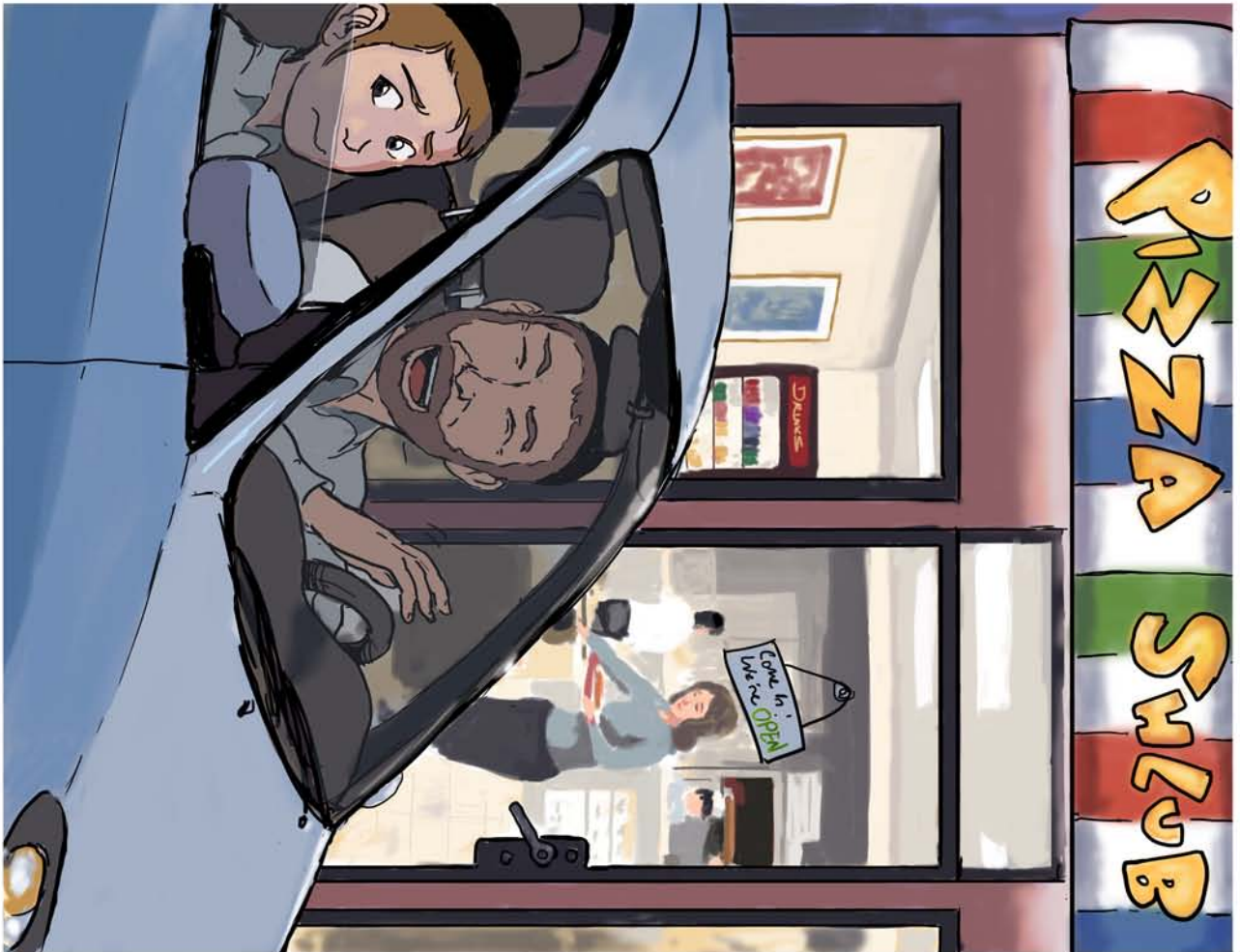
Kayla takes the school bus home every day. On this particular day she gets on with all the rest of the kids and about 2 blocks from the school the bus breaks down. The smaller kids start to cry and the older kids lead everyone off the bus and back to the school building. A teacher comes out and starts lining everyone up to figure out how to get everyone home. A lot of girls go into the office to call home, and when Kayla tries to go in, the teacher in charge says she can't because there are too many people inside right now. An older girl that she recognizes from her bus says, "Kayla, my mom can drive you home." Her mom pulls up and beeps the horn and this girl says, "Ok, let's go." The mom says, "Yea I can drive you, no problem, jump in." Kayla knows this is the only way she will get home so she gets in, feeling relieved.

What do you think? Is this safe or unsafe? What's the Safety Rule she needs to follow?

Matan is a 6 year old boy. He was playing with his younger brother Rafi outside in the front yard with the new ball and mitt their parents got them for an afikomen present. They were having so much fun passing the ball to each other and laughing as the ball flew over their heads.

Suddenly, Rafi threw the ball way too high and it went over the fence! "Oh no, Rafi, the ball is rolling into the street!" Matan starts feeling nervous that a car will drive over the ball and it will pop. He begins to run towards the house to call his mother, when suddenly he hears a car stop. The driver rolls down his window and says, "Hey boys, was that your ball that just rolled into the street in front of my car?" Matan sees Rafi shaking his head yes. "That must make you feel so sad. Would you like me to cross you over to get your ball?" Rafi begins to go towards the gate towards the man. The man looks really nice, his face shows that he cares and really wants to help. As Rafi is walking towards the street, the man says, "I have a little boy your age. I know how badly he would feel if this would happen to him!"

What do you think? Is this safe or unsafe? What's the Safety Rule he needs to follow?



You are playing at the park with your friends and your Grown-Up In Charge. Someone kicks the ball too far. You see a nice looking man who says he lost his cute little dog and ask if you will help him search for it. He looks very upset and you want to help out.

What do you think? Is this safe or unsafe?
What's the Safety Rule he needs to follow?

Your mother let your uncle take you out to buy sneakers for school. You were supposed to go home right after the purchase, but instead your uncle takes you to the pizza store. He starts joking around and makes some jokes that make you feel uncomfortable. Then he buys you pizza, even though your mom told him to take you straight home. You love pizza, so you eat it.

What do you do now?





The candy man in shul is giving out candy to all the children. You really want some. What do you do?

Ask the Grown-Up In Charge if it's okay to get candy from the candy man.

Discussion:

Discuss with the children not changing locations before asking a Grown-Up In Charge. If the candy man says he ran out of candy and there is some more in the basement, private room etc. they cannot go without getting the OK from their Grown-Up In Charge.





A man comes to the door and says he is collecting charity. You look through the window and think he looks nice, he looks Jewish, and it's a mitzvah (good deed) to give charity. What do you do?

The safety rule is you have to ask the Grown Up In Charge before opening the door no matter who or what the person looks like.

Tricky People





Tricky people will try to make children break their safety rules and try to break acceptable boundaries.

Point out the obvious trickery and false trust in the images and explain how trusted adults would really act.

TRICKS VERSUS TIPS



Teach your child that tricky people will ask a child to break the safety rules.

The rules are there for a reason and if someone is asking a child to break the safety rules that is an immediate sign that the person is tricky and usually up to no good. Your child should immediately get away and find help.

CHILD NEEDS HELP

Child is lost and a "kind" person offers to take the child to parent/home or to another location to get help, e.g. police station.

1

FIND A SAFE STRANGER

Teach child to always look for a mother with children, cashier, or employee in uniform and ask for help. Child should never change locations and should always stay in a public place.

"KNOCK, KNOCK, WHO'S THERE?"

Someone comes to the door to "drop something off for your parents," to check the telephone lines, electricity, etc.

2

NEVER OPEN THE DOOR

Child should know that unless he/she asks a grown-up for permission, child should not even approach the door to ask "who's there?" If child is home alone this rule is even more crucial to follow.

TREAT OR GIFT

Child is offered a yummy treat, such as candy, ice cream or a gift.

3

OK WITH MY GROWN-UP BUDDY

Child should okay with a parent/caregiver before taking anything. This rule applies even to family and friends. Practice with child to say "thank you, but I have to ask if it's okay first."

A CAR RIDE OFFER

Child is offered a ride (for example when school bus broke down, while walking home from school/activity, while waiting outside an after-school program)

4

OK WITH MY GROWN-UP BUDDY

Child should okay with parent/caregiver before getting into any car. Child should call and speak to parent/caregiver directly. Child should not get into the car and then call.

CUTE OR "MISSING" ANIMAL

Someone "beckons" child to follow him/her and change locations with "Do you want to see my kitten? She is so small and soft," or "Can you help me? I lost my dog and he only answers to a little kid's voice."

5

ADULTS TALK TO ADULTS

Teach child that children should socialize with other children and adults socialize with other adults. Child must okay with parent/caregiver before changing locations or following anyone.

"YOUR MOM IS HURT"

An adult (possibly someone child knows) tells child that there is an emergency, "Your mother is hurt and she sent me to get you."

6

OK WITH MY GROWN-UP BUDDY

Child should okay with parent/caregiver before going anywhere with anyone. Child should call and ask to speak to parent/caregiver directly.

A FAVOR, A "MITZVAH"

Child is asked, "Can you do me a favor? It's a mitzvah to help me carry my bags into my house/car," or "Can you help point me in the right direction. It will only take a minute."

7

IT'S A MITZVAH TO STAY SAFE

Child should be taught that the most important mitzvah is keeping safe. Child should never go into someone's house or close to a car. Practice with child saying, "I would love to help, let me just ask my parent if it's okay." Child should also be taught that adults should ask other adults for directions.

"YOU WILL BE FAMOUS!"

An adult tries to take child's picture and says it's for a magazine/advertisement and will make child famous.

8

WHO NEEDS TO BE FAMOUS?

Explain to child that an adult would need to ask a parent/caregiver for signed consent before taking a picture of a child. Teach child to find a safe stranger (e.g. mom with children, cashier or employee, police officer) if the person does not listen or comes too close.

HELP THAT ISN'T NEEDED

Child is playing in front yard, when ball goes over the fence. Person pulls up in car, gets out and retrieves ball, and asks child to come get it while smiling and chatting in a friendly manner.

9

HELP ON MY TERMS

Teach child to never leave the area where child is allowed to play or go near someone's car. The person can just as easily throw the ball to the child. Practice with child saying, "I'm sorry I can't go out of my yard. Please throw the ball to me." If the person insists that child break the safety rule child should immediately go inside and notify parent/caregiver.

"I NEED HELP!"

Someone comes to the door knocking and calling out frantically, "I had an accident and need to use your phone."

10

RED ALERT, TRICKY PERSON!

Child should never open the door for someone wanting to come into house, even if person sounds hurt or desperate. Child should notify parent/caregiver or call 911, stating what's happening.



RULES KEEP US SAFE! WHEN WE USE THEM, WE ARE ALL STARS!



PARENT CONNECTION

Grooming is a subtle, gradual, and escalating process of building trust with a child and his/her family. It is deliberate and purposeful. Abusers may groom children for weeks, months, or even years before any abuse takes place. It usually begins with subtle tactics, such as:

1. Testing a child's boundaries through inappropriate jokes or tickling.
2. Using play to move from appropriate touching to "accidental" inappropriate touching (This is done to desensitize a child to touch.)
3. Manipulating the child to not tell anyone, either through fear, guilt, embarrassment, bribery, or threat.
4. Confusing the child into feeling responsible for the abuse.

Always asking for permission prevents a child from falling victim to the grooming process. Your child should know to say, "Thank you, but I need to ask my grown-up buddy if it's okay." But, even if the child forgets to say these words, he/she should know to come TELL you, knowing that he/she won't get into trouble. Stressing this to your child will ensure that your child feels comfortable telling you anything.

Today's safety lesson focused on the importance of children always staying together with a buddy whenever they go anywhere.

A buddy keeps us safe in two ways:

1. There is safety in numbers, two is better than one.
2. They help us make safer choices. Remind your children that they are also a buddy, and must use the Safety Rules to protect themselves and their friends. Children should be told that even if their friends want to do something, if they know that it goes against the safety rules, they need to be that buddy that tells the others not to do it.

We also discussed the importance of children always asking the Grown-up in Charge for permission before engaging in certain behaviors. The safety rules (see box below) should be followed in all situations. Telling a child that certain individuals, such as a grandmother or a close family friend are okay for them to not follow the rule for, causes confusion as the child may decide others are okay as well.



OKAY WITH A GROWN-UP IN CHARGE BEFORE:

1. Answering the door
2. Answering the phone
3. Take anything from anybody - gift, candy, or treat
4. Going anywhere/changing locations
5. Speaking to other adults or older kids

Older children were also taught about "making a PLANN"

Permission: from the Grown Up In Charge

Location: where you will be

Activity: what you will be doing.

Names and Numbers: of the place or person you will be at or with.

If a child says, "I just have to okay it with my grown-up in charge," they are less desirable to a potential predator. Children that speak to their parents are less attractive to potential predators.